



香港長者友善社區  
Age-Friendly Hong Kong

(Registered Trademark of Age-Friendly Hong Kong)

# **Age-Friendly Hong Kong Protocol**

Endorsed by Age-Friendly Hong Kong Steering Committee

May, 2014



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## **Connect to and Applying through the Age-Friendly Hong Kong Protocol**

Please note: connect to the Age-Friendly Hong Kong Protocol; District would fulfill the following requirements:

- A. To set up a specific and formal “Age-Friendly City Working Group”
- B. Not less than 1/4 membership of the working group aged 60 or above.
- C. To organize the district-based Age-Friendly Summit annually.
- D. Participating in the Age-Friendly Hong Kong Steering Committee

Apart from the Application Form for the WHO Global Network of Age-friendly Cities and Communities, Sai Kung District Council also put together the Appendix of Age-Friendly Hong Kong Protocol as a supplementary to the application and good practice sharing.

- Part 4: Description of your Age-friendly Activities to Date
- Part 5: Engagement of older people
- Part 6: Cross-sectoral Collaboration

## **Part 4: Description of Your Age-friendly Activities to Date**

**Part 4a: Please provide a brief summary of your city or community's policies, programmes and services targeted at older people.**

At programmes and services level, various actions are suggested, which include:

- 1) Training session and workshop for the older people and community at large
  - a. Concept of Age-Friendly Cities
  - b. Promotion of Elderly Participation
  - c. Age-friendly Community Assessment in those required 8 domains
  - d. Action and Target Planning with Older Persons
  - e. On site field study: the use of photo voice
- 2) Fulfillment of the 4-step Cycle of the WHO Global Network
  - a. Enforce mechanisms to involve older people, which will be elaborated in Part 5
  - b. Keep conducting a baseline assessment of the age-friendliness of the 8 domains
  - c. Form an action plan based on the findings of the assessment. The action plan is set with completion target
  - d. Identify indicators to monitor the progress of the action plan.
- 3) Community Education
  - a. Roadshow event
  - b. Sharing session
  - c. Mass program with particular theme
  - d. Website sharing
- 4) Media interviews
- 5) Documentation and Publication

At policies level, suggestions include:

- 1) Establishment of mechanism to promote elderly participation

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## **Part 4b: How you are planning to make your community more age-friendly?**

- 1) Conduct a baseline assessment of the age-friendliness of the district
  - a) Which of the Age-Friendly Cities Domain was covered in the year of 2014-2015? (May ✓ more than one)

<input checked="" type="checkbox"/> Outdoor spaces and buildings	<input type="checkbox"/> Respect and social inclusion
<input type="checkbox"/> Transportation	<input type="checkbox"/> Civic participation and employment

- |   |  |
|---|--|
| <input type="checkbox"/> Housing,             | <input type="checkbox"/> Communication and information         |
| <input type="checkbox"/> Social participation | <input type="checkbox"/> Community support and health services |

b) How the baseline assessment be conducted?

- Taking reference from the Age-friendly Hong Kong index and checklist
- Not less than 10 AFC ambassadors will be trained
- On site field study will be conducted
- AFC ambassadors will be invited to participate and to share their observations and to provide recommendations in district council meeting and/or working group meeting, which involves local governmental departments, professional and/or local citizens. Their views will be heard.

2) Form an action plan which is based on the findings of the assessment. It will be a 1-3 years action plan.

Track Record (if any):

(Identify one example project / Action for Sharing, if any) For instance:

a) <u>Sai Kung District</u> Action plan Name:	Sai Kung Tseung Kwan O Elderly Friendly Community Project
	1) To arouse public awareness about the needs of the elderly and recognize the elderly for their contribution to the society 2) To unleash the elderly's potential and promote improvement in the community environment, facilities and transport services 3) To encourage the elderly to get involved in building an age-friendly community and create a caring community 4) To promote the exchange of information by establishing a communication platform
b) Achievement expected:	
c) Time Period:	1/8/2009-28/2/2010
d) Did/ Do the project/ action plan been completed, or is it ongoing?	
<input checked="" type="checkbox"/> Completed	<input type="checkbox"/> Ongoing
e) Participants: (may ✓ more than one)	
<input checked="" type="checkbox"/> Elders (Number of participants: <u>around 6240 person-times</u> )	
Role of the Elderly Participants:	
<input type="checkbox"/> Older people were not directly involved	
<input type="checkbox"/> Older people were consulted during the planning process	

- |  |
|--|
| <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Older people helped to implement the project/action plan</li> <li><input checked="" type="checkbox"/> Older people were involved in the project/action plan in all stages</li> <li><input checked="" type="checkbox"/> Non- Elders (Number of non-elders participants: <u>around 330 person-times</u>)</li> </ul> |
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f) Any particular significant and good practice sharing?

The first age-friendly designated reading zone was set up in the public library at Sai Kung District

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## **Part 5: Engagement of older people**

How are you engaging and involving older people in the process of becoming a more age-friendly city or community?

### **1) Age-friendly Hong Kong (Sai Kung) Working Group**

- a. The captioned working group will be formed under the Social Services & Healthy and Safe City Committee of Sai Kung District Council. The total number of members, including those who will be in attendance, will be around 15 persons.
- b. The working group is targeted to have not less than 1/4 members (including those who will be in attendance) of the age 60 or above. That will be around 4 persons.
- c. The selection of seniors' representatives is by effective nomination from NGOs. The operational mechanism is devised through group discussion.
- d. The working group will invite government departments, NGOs and older persons to be in attendance at the meetings.

### **2) AFC Ambassadors for Age-friendly Hong Kong (Sai Kung)**

- a. Arrange capacity building opportunities for the AFC ambassadors
- b. Empower the AFC ambassadors to fulfill their role in conducting the Age-friendly Community Assessment according to the eight domains
- c. Empower the AFC ambassadors in the Action Plan and Target Planning

### **3) Sai Kung District : Good Community Practice on Age-Friendly Hong Kong**

- a. A "locally-driven" and "bottom-up" approach that starts with the views of older people regarding what is, and what is not age-friendly, and what could be done to improve their community's age-friendliness.

### **4) District-based Age-Friendly Forum/ Summit**

- a. Organize the forum/summit once a year
- b. Engage the AFC ambassadors in the organization of forum/ summit

## **Part 6: Cross-sectoral Collaboration**

What mechanisms have you/are you planning to put in place to facilitate collaborative planning and implementation between different departments of the local administration and across sector?

Sai Kung District emphasizes collaboration among the government, the community and/or local business in developing an age-friendly community. In order to facilitate and enhance cross-sectoral collaboration and contribution, the Working Group will coordinate the development of Age-Friendly Hong Kong (Sai Kung).

### **Part 6a: Platform to coordinate the development of Age-Friendly City:**

1) Does the District Council hold a formal and specific platform/committee/workgroup to handle and to work Age Friendly City? (Please tick from one option below)

- Yes, in our District Council we have agreed to set up a specific and formal “Age-Friendly City Working Group” to handle and to work on the matters that related to Age-Friendly City (Go to question 1a)
- No, in our District Council, we do not have a specific or formal “Age-Friendly City Working Group at this moment. However, currently one of our exiting platform/committee/workgroup is handling and working on the matters that related to Age-Friendly City. In view of future development, it is anticipated that a specific and formal “Age-Friendly City Working Group” will be set up. (Go to question 1b)
- No, in our District Council, we do not have a specific or formal “Age-Friendly City Coordinating Committee at this moment. However, currently one of our exiting platform/committee/workgroup is handling and working on the matters that related to Age-Friendly City. The District Council cannot foresee any time schedule to setup a specific and formal “Age-Friendly City Working Group” (Go to question 1b)
- No, in our District Council, we do not have a specific or formal “Age-Friendly City Working Group at this moment nor we do not have any existing

platform/committee/workgroup which handle and work on the matter that related to Age-Friendly City. However in view of future development, it is anticipated that a specific and formal “Age-Friendly City Working Group” will be set up.

1a) Name of “Age-Friendly City Working Group”(If applicable)\_\_\_\_\_

Name of Chairman: \_\_\_\_\_

Composition of the this Group

Name	Title	Name	Title
_____	_____	_____	_____
Name	Title	Name	Title
_____	_____	_____	_____
Name	Title	Name	Title
_____	_____	_____	_____
Name	Title	Name	Title
_____	_____	_____	_____
Name	Title	Name	Title
_____	_____	_____	_____

1b) Name of the existing committee/~~workgroup~~ (If applicable):

Social Services & Healthy and Safe City Committee

Name of Chairman: Mr TAM Lanny, Stanley

Composition of the committee/workgroup

Name	Title (If Applicable)	Name	Title (If Applicable)
Mr CHAN Pok-chi	Vice Chairman	Mr NG Sze-fuk, George, GBS, JP	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr AU Ning-fat, Alfred, MH	Member	Mr CHAN Kai-wai	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr CHAN Kuen-kwan, MH	Member	Mr CHAU Yin-ming, Francis, BBS, MH	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr CHEUNG Kwok-keung	Member	Mr CHONG Yuen-tung	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr CHUNG Kam-lun	Member	Ms FONG Kwok-shan, Christine	Member
Name	Title (If Applicable)	Name	Title (If Applicable)

Name	Title (If Applicable)	Name	Title (If Applicable)
Mr HIEW Moo-siew	Member	Mr HO Koon-shun	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr LAM Wing-yin	Member	Mr LAU Wai-cheung, Peter, MH	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr LI Ka-leung, Philip	Member	Mr LUK Ping-choi	Member
Name	Title (If Applicable)	Name	Title (If Applicable)
Mr NG Shuet-shan	Member	Mr SING Hon-keung, BBS, MH	Member
Name	Title (If Applicable)		
Mr YAU Yuk-lun	Member		

**Part 6b: Non-governmental Organization / Businesses /Government Department / Other Related Parties**

(If more parties were involved, photocopy of this form is accepted.)

- 1) Organization Name:** Po Leung Kuk Vicwood K.T. Chong Neighbourhood Elderly Centre
- Contact Person ( Title ):** [REDACTED] ([REDACTED])
- Organization Address:** Block 1, Podium Level 1, Verbena Heights, 8 Mau Tai Road, Tseung Kwan O
- Tel. Number:** [REDACTED] **Fax. Number:** [REDACTED]
- Email address:** [REDACTED]
- 2) Organization Name:** Po Leung Kuk Wong Yau Cheung Memorial Neighbourhood Elderly Centre
- Contact Person ( Title ):** [REDACTED] ([REDACTED])
- Organization Address:** 216-218 Sau Lam House, Tsui Lam Estate, Tseung Kwan O
- Tel. Number:** [REDACTED] **Fax. Number:** [REDACTED]
- Email address:** [REDACTED]
- 3) Organization Name:** Christian & Missionary Alliance Bradbury King Lam Neighbourhood Elderly Centre
- Contact Person ( Title ):** [REDACTED] ([REDACTED])
- Organization Address:** G/F, King Lam Neighbourhood Community Centre,



King Lam Estate, Tseung Kwan O

Tel. Number:

Fax. Number:

Email address:

**4) Organization Name:**

Haven of Hope Christian Service

Contact Person ( Title ):

Organization Address:

Wing B & C, G/F, Ming Wik House, Kin Ming Estate,

Tseung Kwan O

Tel. Number:

Fax. Number:

Email address:

**5) Organization Name:**

Hong Kong Sheng Kung Hui Welfare Council Limited

Contact Person ( Title ):

Organization Address:

101 Po Lam Road North, Tseung Kwan O, Kowloon

Tel. Number:

Fax Number:

Email address:

**6) Organization Name:**

Christian Family Service Centre Tsui Lam Day Care Centre for  
the Elderly

Contact Person ( Title ):

Organization Address:

Unit No. 101 & 108-116, G/F, Choi Lam House,

Tsui Lam Estate, Tseung Kwan O

Tel. Number:

Fax. Number:

Email address:

**7) Organization Name:**

Caritas Elderly Centre - Sai Kung

Contact Person ( Title ):

Organization Address:

G/F, 69-73 Man Nin Street, Sai Kung, New Territories

Tel. Number:

Fax. Number:

Email address:

## **Remarks:**

- 1) The Hong Kong Council of Social Service (Council) adapt the framework of “Age-Friendly City” of the World Health Organization to develop the “Age-Friendly Hong Kong” since 2008
  
- 2) In 2009, with the support from the Specialized Committee on Elderly Services, Council established the Age-Friendly Hong Kong Steering Committee to lead and to develop the implementation of Age-Friendly Cities in Hong Kong, four working groups were formed.
  - Task Force on Expert Group and Alliance Building
  - Task Force on Social Impact Assessment and Evidence based study
  - Task Force on Capacity Building and Good Practice Sharing
  - Task Force on Promotion Strategy and Appreciation scheme