

服務對象及範圍

1. 三高篩查服務(高血壓、高血糖和高血脂)

服務對象

- 45歲或以上的香港居民*，及
- 為綜合社會保障援助計劃受助人、75歲或以上長者生活津貼受惠人、持有有效醫療費用減免證明書人士，及
- 未被診斷患有糖尿病或高血壓

服務範圍

- 由醫護人員評估健康風險及因應參加者的醫療需要安排篩查化驗
- 跟進及按參加者的健康狀況訂定健康管理方案
- 健康教育和諮詢服務

2. 婦女健康服務

服務對象

- 64歲或以下的女性香港居民*，及
- 為綜合社會保障援助計劃受助人或持有有效醫療費用減免證明書人士

服務範圍

- 由醫護人員針對女性健康狀況的健康風險評估與諮詢，例如經期健康、性健康、更年期諮詢等
- 乳癌及子宮頸癌篩查(按個別需要及經醫護人員評估後而定)
- 健康教育和諮詢服務

* (1) 持有根據《人事登記條例》(第177章)所簽發香港身份證的人士，但若該人士是憑藉其已獲入境或逗留准許而獲簽發香港身份證，而該准許已經逾期或不再有效則除外；或(2) 持有《入境條例》(第115章)所指明的《豁免登記證明書》

為低收入家庭和弱勢社群提供的預防篩查及護理服務

政府的《基層醫療健康藍圖》提出改革措施加強以預防為重的基層醫療健康服務，包括「慢性疾病共同治理先導計劃」，透過「一人一家庭醫生」和由地區康健中心或地區康健站(地區康健中心/站)統籌的跨專業公私營協作模式，資助市民在私營醫療界別接受篩查和管理「三高」(即高血壓、高血糖和高血脂)。

同時，政府亦會整合婦女健康服務至地區康健網絡，以新模式提供個人化的女性基層醫療服務，照顧婦女的特定健康需要，以提升以預防為本的婦女健康服務。為照顧弱勢社群的健康服務需要，政府於醫院管理局(醫管局)轄下的普通科門診診所試行為弱勢社群提供預防篩查及護理服務。

符合資格的人士(包括綜合社會保障援助計劃受助人、75歲或以上長者生活津貼受惠人或持有有效醫療費用減免證明書人士)可透過地區康健中心/站，安排到選定的普通科門診診所接受相關服務。

服務旨在促進及早發現和治療慢性疾病，鼓勵參加者自我健康管理，以達致「早預防、早發現、早治療」的目標。

服務目標

- 以「健康人生計劃」為本，按不同的健康需要提供合適的預防篩查及護理服務，以預防或及早診斷疾病及減少相關併發症
- 按參加者的健康狀況，就服務範疇訂定健康管理方案，包括預防篩查及護理、健康教育和諮詢等，以控制慢性疾病風險因素促進健康
- 加強服務對象的健康意識

為低收入家庭和弱勢社群提供的預防篩查及護理服務

服務登記

- 有意接受預防篩查及護理服務的人士可到地區康健中心/站接受初步評估，地區康健中心/站會為其登記成為會員，並安排合資格人士至選定的醫管局普通科門診診所接受服務。

查詢

- 有關服務詳情，可與地區康健中心/站聯絡；至於已成功登記服務的人士，則可根據地區康健中心/站發出的服務安排便條上的資料與獲安排接受服務的診所聯絡。
- 假如參加者已下載並登記成為醫管局一站式手機程式HA Go會員，成功預約服務後便可以透過程式的「預約紀錄」查閱在醫管局未來的預約紀錄。更多有關手機程式HA Go的資訊，請瀏覽醫管局網頁(<https://www2.ha.org.hk/hago>)或掃描以下的二維碼。



下載HA Go



如何登記及登入HA Go



醫院管理局
HOSPITAL
AUTHORITY

Service Target and Service Scope

1. Three Highs Screening Services (high blood pressure, high blood sugar, high cholesterol)

Service Target

- Hong Kong Resident* who aged 45 or above AND
- CSSA Scheme recipients; OALA recipients aged 75 or above; or holders of valid Certificate for Waiver of Medical Charges AND
- Not diagnosed with Diabetes Mellitus or Hypertension

Service Scope

- Assessment of health risks factors by healthcare professionals and arranging screening tests based on the participant's medical needs
- Formulation of follow-up and health management plans according to the health conditions of participants
- Health education and consultation services

2. Women's Health Services

Service Target

- Female Hong Kong Resident* aged 64 or below AND
- CSSA Scheme recipients; or holders of valid Certificate for Waiver of Medical Charges

Service Scope

- Health risk assessment and consultation by healthcare professionals on women's health conditions, such as menstrual health, sexual health, consultation on menopause, etc.
- Breast cancer and cervical cancer screening (based on individual needs and assessment by healthcare professionals)
- Health education and consultation services

* Holding (1) a valid Hong Kong Identity Card within the meaning of the Registration of Persons Ordinance (Cap. 177), except those who obtained their Hong Kong Identity Card by virtue of a previous permission to land or remain in Hong Kong granted to them and such permission has expired or ceased to be valid, or (2) a valid Certificate of Exemption within the meaning of the Immigration Ordinance (Cap.115).

Preventive Screening and Care Services for low-income families and underprivileged groups

The Government's Primary Healthcare Blueprint proposed reform initiatives to enhance prevention-oriented primary healthcare services, including the Chronic Disease Co-Care Pilot Scheme (CDCC Pilot Scheme), which provides subsidy for the public to conduct screening for and manage "Three Highs" (high blood pressure, high blood sugar, high cholesterol), in the private healthcare sector via a "Family Doctor for All" and multidisciplinary public-private partnership model coordinated by District Health Centre (DHC)/ District Health Centre Express (DHC Express).

Meanwhile, the Government also integrates women's health services into the district health network, providing personalised primary healthcare services for women via a new model to cater for women's specific health needs, thereby enhancing prevention-oriented women's health services. To cater to the healthcare needs of the underprivileged groups, the Government piloted the provision of preventive screening and care services for the groups in the General Out-patient Clinics (GOPC) under the Hospital Authority (HA).

Eligible persons (including Comprehensive Social Security Assistance (CSSA) Scheme recipients, Old Age Living Allowance (OALA) recipients aged 75 or above, or holders of valid Certificate for Waiver of Medical Charges) would be arranged by DHC/DHC Express to designated pilot site of HA GOPC for the service.

The service aims to facilitate early detection and timely intervention of chronic diseases and encourage self-health management by participants, thereby achieving the goal of "Early Prevention, Early Identification, Early Intervention".

Service Objectives

- Based on the "Life Course Preventive Care Plan", provide appropriate preventive screening and care services according to different health needs in order to prevent or diagnose diseases at early stage and reduce related complications
- According to the health condition of the participants, formulate health management plans within the service scope, including preventive care, health education and consultation, etc., to control the risk factors of chronic diseases and promote health
- Enhance health awareness of service recipients

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Preventive Screening and Care Services for low-income families and underprivileged groups

Registration

- Those who are interested in receiving the preventive screening and care services can register as DHC/DHC Express member at DHC/DHC Express for preliminary assessment. Eligible members will be arranged to the designated pilot site of the HA GOPC for the service.

Enquiry

- For service details, please contact the DHC/DHC Express. Those who have successfully registered for the service may contact the arranged clinic according to the information on the service arrangement slip issued by the DHC/ DHC Express.
- If participants have downloaded and registered as members of the HA's one-stop mobile app HA Go, with a successful service booking, future appointment records within HA could be viewed through "My Appointments" in the app. For more information about the mobile app HA Go, please visit the HA's website (<https://www2.ha.org.hk/hago/en/home>) or scan the QR code below.



Download HA Go



How to register and login to HA Go



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