



渣打香港馬拉松 2020 --- 『十八區挑戰賽』邀請函

致:十八區區議會主席

由香港業餘田徑總會有限公司主辦,查打銀行冠名贊助的渣打香港馬拉松 2020 將於明年 2 月 9 日(星期日)舉行。本會希望藉此機會感謝各區議會對此項賽事多年來的鼎力支持。

渣打香港馬拉松將於今年踏入第二十四屆,大會一直以建立香港健康活力的形象為目標,致力提高本港市民生活質素和身心健康。承蒙各界人士多年來支持,令賽事發展成為本港每年一度的體育盛事,並深受廣大市民歡迎。

賽事自 2008 年起增設『十八區挑戰賽』,一直獲得各區議會的熱烈支持,令賽事更為矚目。為進一步加強社會的凝聚力及各社區的對賽事的投入度,本會將續辦上述賽事,並誠邀各區議會組隊參加。大會希望藉此於各社區宣揚強身健體及團結社群的精神,並增進各區之友誼。

『十八區挑戰賽』項目包括:

一) 『區議會盃』 (十公里賽事)

每區以隊際形式委派 10 名男 / 女隊員出賽,成績計算為每隊首 7 名隊員(當中必須包括一名現任該區區議員)的完賽時間之大會時間總和。參賽隊伍可享有選手包團體領取服務。總成績最快之首三隊將於賽事當日獲頒發『區議會盃』獎盃!

二) 『全城參與大獎』

大會將統計所有參賽者之所屬居住區域,首三區域參與人數最多的地區可獲發『全城參與大獎』獎盃!

為此本會誠意邀請 貴區參與『十八區挑戰賽』, 現隨函附上賽事資料及報名表格, 並夾附回條。如有任何查詢, 請致電 3758 2946 與馬拉松報名及通訊辦事處黃小姐聯絡。

渣打香港馬拉松 2020 籌備委員會主席

2019年9月11日





渣打香港馬拉松 2020 - 『十八區挑戰賽』

「區議會盃」賽事資料

比賽日期	2020年2月9日(星期日)
比賽項目	十公里挑戰組
起跑時間	上午5時45分
區際隊伍人數	1)每區需派出 10 名男 / 女隊員出賽(當中必須包括最少一位現任該區區議員)
區際隊伍計算成績	計算全隊首 7 名隊員(當中必須包括一名現任該區區議員)的完賽時間 (大會時間) 之總和。如時間相同,則會計算有關隊伍首名完賽隊員的時間,以時間較快的隊伍為勝
獎項	設冠、亞、季軍獎項各乙個
報名費	每隊港幣 2,500 元正
報名回條截止日期	2019年12月4日(星期三)
報名截止日期	2019年12月18日(星期三)
備註	 参賽隊伍可享有選手包團體領取服務 總成績最快之首三隊將於賽事當日獲頒發『區議會盃』獎盃! 每名參賽者只可代表一個地區,不能重覆代表其他地區/機構/團體以及只能參加一項賽事。請勿重覆登記,否則大會將就每一次登記作獨立計算,
· · · · · · · · · · · · · · · · · · ·	並會就每一次之登記收取相關報名費用,且不獲發還。

十公里 - 比賽路線

起點: 東區走廊 (東行,近城市花園) → 折回點 (近筲箕灣愛德街) → 東區走廊 (西行) → 維園道 (西行) → 銅鑼灣天橋 (出口往告士打道西行) → 告士打道 (南行) → 終點: 銅鑼灣維多利亞公園

如參賽之區議會隊伍不足六個地區,本會有權取消以上賽事。





渣打香港馬拉松 2020 - 『十八區挑戰賽』

報名回條

請於 2019 年 12 月 4 日(星期三)或之前,將已填妥的回條電郵至 hkmarathon@hkaaa.com 或傳真至 3102 8109 馬拉松報名及跑手通訊辦事處收。謝謝!

本區將

*會/不會派隊參與於2月9日舉行之渣打香港馬拉松2020-『十八區挑戰賽』之區議會盃賽事。

*請刪去不適用者

備註:如選擇派隊參賽,請填妥10名隊員之報名表格及於12月18日前連同報名費一併遞交。

區議會名稱:		
聯絡人姓名 (先生 /小姐):		
聯絡電話:	_ 傳真號碼:	
電郵地址: 如有任何查詢,請致電 3758 2946 終。	與馬拉松報名及跑手通	訊辦事處黃小姐聯





渣打香港馬拉松 2020 - 『十八區挑戰賽』

報名表

報名辦法

- 1) 請填妥10名隊員之報名表格
- 2) 以劃線支票(報名費 港幣 2,500 元正)祈付"香港業餘田徑總會有限公司",及於2019年12月18日(星期三)或以前,將以下文件一併寄回「香港灣仔郵政局郵政信箱23598號」。
 - 10 名隊員的個人報名表
 - 劃線支票及
 - 此報名表

地區資料	
本區現附上 10 名參賽隊員之劃線支票	
區議會名稱:	\$
聯絡人姓名(中文):	
聯絡人姓名(英文):	
郵寄地址:	
電郵地址:	
日間聯絡電話:	傳真號碼:



渣打香港馬拉松2020 - 賽事報名表 (區議會盃)

Standard Chartered Hong Kong Marathon 2020 - Entry Form (DC Cup) *必須填寫·其他資料可選擇性填寫 *Mandatory fields, others are optional (請用英文正楷填寫 PLEASE FILL IN THIS FORM IN BLOCK LETTERS) 報名網號 Registration No.

姓 Surname 名 First Name 報名編號 Registration No. (職員專用 Official Use Only)

*英文姓名				中文姓名 Chinese Name		*性別 Gender □男M □女F
English Name _ *您是否香港永久性	:居民?		香港永久性居民之參賽者可	可競逐特別獎金·詳情請參閱	表表现 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Geridei —
Are you a Permar	nent Resident of Hong Ko	ong? Yes 是 No 否	Permanent Residents of		for Special Prize Money a	ward. Please refer to the PRIZE
*身份證/護照號碼 HKID/Passport N			*國籍 Nationality	*5	出生日期 Date of Birth	
*通訊地址	· (必須填寫・以作日後查	核資料之用 Mandatory for v	erification)	-	日日 dd	月月mm 年年yyyy
Postal Address						
					*現居國家/城市 Country / City of Resid	ence
*居住區域	中西區 🗖	東區 調塘	一 九龍城 一 英	青 一 離島 一	■ 苗大仙 — 深水	地 上區
District	Central & Western 口 i	Eastern 口Kwun Tong	□ Kowloon City □ Kw	[설명: 10 TO	→ Wong Tai Sin	m Shui Po
		uthern Tuen Mun		n Long] Wan Chai	
*手提電話 Mobile No.		住宅電話 Res. Tel. No.		*電郵 E-mail		
田總註冊號碼 HKAAA Reg. No.		只適用於2019年及2020 For HKAAA registered a forego his/her right for	年完成註冊的田總運動員使 Ithletes in both 2019 and	用·如不填報則表示放棄競逐 2020 only If no HKAAA Re	逐田總會員獎金。 ·g. No. is provided, the par	ticipant will be deemed to
*T-恤尺碼 T-Shirt Size		T油大小蒜类类	附件力尺確実。桑葚老源六	TM P.研络、终不能再作任何	可更改。 e size of T-shirt is submitte	ed, the runner cannot amend the
1-Still CSIZE		size of T-shirt. ct details on the Race Day			n.	,
*緊急聯絡人姓名	八東州 Emergency Come		聯絡人關係	*EX	緊急聯絡人手提電話	
Emergency Conf	act Name	Emer	gency Contact Relationsh		mergency Contact Number	er (Mobile)
參加賽事 Ra	505					
音事	比賽時限	起步時間				1
Race	Time Limit	Start Time				
十公里 10KM	全程2小時 2 hours for Full Course	起步時間為上午5時45分。 The races start in the mor	ning 05:45.			
	勺電郵給予Marathon-Photos		daring Marathan Dhatas			
本人允許香港業餘田径	區總會以郵寄、電郵及電子方式	to Marathon-Photos. com for or 發送給我用作直接促銷目的並有關	香港業餘田徑總會舉辦的各項比	羅、訓練班、活動、 道打香港馬拉	1松的宣傳資料,資訊、活動邀請	· 通告提示、 義工招募、活動統計及渣打
香港馬拉松大會贊助商 配件產品、星辰表(省	丽及有的機構所提供及售賣的以 香港)有限公司提供手錶產品、	下產品與服務資訊:湮打銀行(香港): 屈臣氏蒸餾水提供屈臣氏蒸餾水及	写限公司提供的銀行服務及投資。 運動飲料產品、博納戶外廣告有	霍品、香港西區隧道有限公司提供? 限公司宣傳戶外大型廣告、金山電	往來港島與九龍的隧道服務、Nik [池國際有限公司提供金山電池及]	ke Hong Kong Ltd.提供運動服裝、鞋及 充電器產品、寶馬汽車(香港)有限公司提供
三星電子香港有限公司	同提供的產品、香港殘疾人奧委	會暨傷殘人士體育協會提供的籌款	推廣、香港防癌會提供的籌款推廣	賽、Marathon-Photos.com 提供的	的比賽相片沖印產品及服務、香港	F拉松獎牌、GOGOVAN 提供貨運服務、 港旅遊發展局提供本地旅遊資訊、大型體
I allow the Hong Kor	g Amateur Athletic Associati	基建管理有限公司提供道路資訊、 on (HKAAA) to send to me by po	st, email and telecommunicati	on for direct marketing purpose	e in relation to any services or p	products provided or sold by any
HKAAA including Sta	andard Chartered Hong Kong	Marathons and the promotion	of the following services or pro	ducts provided or sold by spons	sors and relevant organization	and other activities organized by the s of the Event: Direct marketing services
and products, bank s	ervices and financial produc	s by Standard Chartered Bank (H	ong Kong) Limited, tunnel ser	vice by Western Harbour Tunnel	el Company, Apparels, shoes ar	nd accessories by Nike Hong Kong Ltd, GP Batteries International Limited,
BMW car and cars co (Salonpas), Maratho	emponents by BMW Concess on Finisher Medals by Lukfook	ionaires (HK) Ltd, hotel rooms ar Jewellery, SOYJOY by Otsuka Ph	d catering service by Regal Ho armaceutical (H.K.) Ltd., logisti	tels International, pain relief pro c service by GOGOVAN, produc	oducts by Hisamitsu Pharmace ets by Samsung Electronics Hor	utical (Hong Kong) Co., Limited ng Kong Co., Ltd., charity promotion by
The Hong Kong Para	lympic Committee & Sports	Association for the Physically Dis	abled (HKPCSAPD), and The H	ong Kong Anti-Cancer Society, i	race day photo products and s	ervices by Marathon-Photos.com, news
J		,	2			☐ Yes 是 ☐ No 否
1 At 150 mm			C ***			
*參賽者簽署 Applicant's Sign	ature		日期 Date		(未滿18歲之參賽者需由 (Guardian / Parent's sig	監護人/家長簽署) gnature if Applicant is under 18)
家長姓名 Parent's Name	A	家長第			—— 與參賽者關係 Relationship	
		渣打銀行(香港)有限公司遵請 ations which are invited by		etic Association or Standar	d Chartered Bank (Hono k	(ona) Limited
- 此報名表必須透	過貴機構的指定負責人呈了	所有不經機構指定負責人所	f呈交的個別報名表將不被 i	妾納、大會必須收到閣下已簽	後署的報名表,方能確認申請	
		gh company coordinators. I stration upon receiving the			e company coordinator w	ii not be accepted.

支票折付[香港業餘田徑總會弃限公司] 獎同填妥之報名表格一併奇回.大會並不接受郵寄現金方式付款. A crossed cheques made payable to "Hong Kong Amateur Athletic Association Limited" should be submitted with completed entry form. Cash payment sent by mail will not be accepted.

渣打香港馬拉松 2020 條款及細則

Standard Chartered Hong Kong Marathon 2020 Terms & Conditions

1. 年齡限制

Age Limits

各賽事之年齡限制如下:

The age limits for different races are listed below:

賽事	年齡限制
Race	Age Limit
馬拉松	參賽者必須於 2020 年年滿 20 歲或以上 (以出生年份計)
Marathon	Participants must be aged 20 or above as of 2020 (Year of Birth)
半馬拉松	Cost of Child
Half Marathon	
十公里	
10km	
十公里輪椅賽	Participants must be aged 16 or above as of 2020 (Year of Birth)
10km Wheelchair Race	S TO STATE OF STREET,
三公里輪椅賽	
3km Wheelchair Race	
少年跑	參賽者必須於 2020 年介乎 10 至 15 歲 (以出生年份計)
Youth Dash	Participants must be aged between 10 to 15 as of 2020 (Year of Birth)
渣馬家庭起跑	每隊必須有至少一名於 2020 年年滿 18 歲或以上的參加者 (以出生年份計) Each team should have at least one adult aged 18 or above as of 2020 (Year
Kickoff Family Run	of Birth)

香港業餘田徑總會有限公司(「大會」)有權在比賽之前/後或比賽進行中,核實參賽者之年齡或要求參賽者提供核實年齡之證明文件。

The Hong Kong Amateur Athletic Association Limited ("the Organiser") has the right to verify and request for verification of the age of participants before, during and after the Event.

2. 接納報名 (達標跑手優先報名)

Acceptance of Entries (Priority Entry)

所有經此途徑報名的跑手必須在 2018 年 1 月 1 日至 2019 年 7 月 31 日期間,曾參與由大會、國際田徑聯會(IAAF)或國際馬拉松及道路賽協會(AIMS)舉辦或認可賽事,並於下列時間(個人完成時間)完成有關賽事。

Applicants of this category must meet the following corresponding time standards (Net Time) in recognised races organised or sanctioned by the Organiser or the International Association of Athletics Federations (IAAF) or Association of International Marathons and Distance Races (AIMS) between 1 January 2018 and 31 July 2019.

賽事	馬拉松		半馬拉松		十公里	
Race	Marathon		Half Marat	hon	10km	
年齡組別	男子	女子	男子	女子	男子	女子
Age Group	Men	Women	Men	Women	Men	Women
34 或以下 34 or below	3:25:00	3:45:00	1:35:30	1:43:30	43:00	47:30
35-39	3:30:00	3:50:00	1:38:00	1:46:00	45:00	50:00
40-44	3:35:00	3:55:00	1:41:00	1:49:00	47:00	52:00
45-49	3:45:00	4:05:00	1:44:00	1:52:00	49:00	54:00
50-54	3:50:00	4:10:00	1:47:00	1:55:00	51:00	56:00
55-59	4:00:00	4:20:00	1:50:00	1:58:00	53:00	58:00
60-64	4:15:00	4:35:00	1:53:00	2:01:00	55:00	1:00:00
65-69	4:30:00	4:50:00	1:56:00	2:04:00	57:00	1:02:00
70 或以上 70 or above	4:45:00	5:05:00	1:59:00	2:07:00	59:00	1:04:00

報名者所屬的年齡組別將以報名者在2020年(以年份計)的歲數來計算。

Age Group of runners shall be calculated as of 2020 (Year of Birth).

大會認可之賽事:

Races recognised by the Organiser:

主辦機構/認可機構	賽事
Race Organiser/ Sanctioning Body	Race
國際田徑聯會	金級/銀級/銅級道路賽事
International Association of Athletics Federations	Gold / Silver/ Bronze Label Races
(IAAF)	
國際馬拉松及道路賽協會	所有賽事
Association of International Marathons and	All Races
Distance Races (AIMS)	
	渣打香港馬拉松 2018 及 2019
	Standard Chartered Hong Kong Marathon 2018
	& 2019
	美津濃香港半馬拉松錦標賽 2018
香港業餘田徑總會	Mizuno Hong Kong Half-Marathon
Hong Kong Amateur Athletic Association (HKAAA)	Championships 2018
SACS ASSET	運動家香港 10 公里挑戰賽 2018
" V "	Sportshouse Hong Kong 10K Challenge 2018
	港島 10 公里賽 2018
	HK Island 10K City Race 2018
香港迪士尼樂園 (香港業餘田徑總會認可賽事)	香港迪士尼樂園 10K Weekend 2018
Hong Kong Disneyland (as sanctioned by HKAAA)	Hong Kong Disneyland 10K Weekend 2018
聯合國兒童基金香港委員會 (香港業餘田徑總會認	聯合國兒童基金會慈善跑 2018
可賽事)	UNICEF Charity Run 2018
UNICEF Hong Kong (as sanctioned by HKAAA)	
	RMAC「沙田 10K」河畔賽 2018
★ 本本 本 本 本 本 本 本 本 本 本 本 本 本 本 本 本 本 本	RMAC Shatin 10K Classic Riverside Race 2018
香港馬拉松推廣社 (香港業餘田徑總會認可賽事)	第十二屆美津濃石門 10 公里賽
Hong Kong Marathon Pro (as sanctioned by	12 th Mizuno Shek Mun 10K Race
HKAAA)	RMAC「沙田 10K」河畔賽 2019
,	RMAC Shatin 10K Classic Riverside Race 2019

參賽者必須於報名時向大會提交以上成績証明,經由大會核實相關達標成績及確認報名名額。

An applicant must submit proof confirming the qualification of the above to the Organiser at the time when he/she submits his/her application. The entry will only be confirmed after relevant proofs have been verified by the Organiser.

經「達標跑手優先報名」而獲得渣打香港馬拉松 2020 參賽資格之跑手,只能參與所選距離之挑戰組(馬拉松/半馬拉松/十公里)。如跑手希望參加各距離之其他組別,則需透過「公眾抽籤報名」而參加。

Participants registered through "Priority Entry" can only enter Challenge Races of their selected distance (Marathon, Half Marathon, 10km). If an applicant wishes to compete in other races of his/her selected distance, he/she must submit his/her application via the "Public Entry" system.

本次賽事報名者提交合資格之成績,只供相應距離賽事優先報名之用。

All qualified results can only be used for the Priority Entry of the corresponding category.

例: 如報名者提交合資格之十公里賽事成績,只能優先報名參加渣打香港馬拉松 2020 十公里賽事。

Eg: An applicant submitting qualified 10km result can only apply via the "Priority Entry" for the 10km

如參賽者未能提交成績証明,將被視為放棄報名及失去其報名資格。大會保留查核報名者提供的成績証明之權利。若發現報名者提供虛假或無效資料,大會保留權利採取紀律行動及取消其報名資格。

An applicant failing to provide qualifying results before registration closes will be deemed to have withdrawn his/her application and such application will no longer be processed. The Organiser reserves the right to verify the submitted proof and to disqualify and take disciplinary action against any applicant who summits false or invalid information.

大會亦保留權利以電話訪問或以其他方式,向報名者查詢,以及要求提供補充資料。

The Organiser also reserves the right to contact and interview an applicant by phone or through other means in order to obtain additional information required to substantiate his/her application.

3. 接納報名(公眾抽籤)

Acceptance of Entries (Public Balloting)

所有公眾報名(除達標跑手優先報名、輪椅賽、少年跑及渣馬家庭起跑)均以抽籤形式進行。

Public entry (except Priority Entry, Wheelchair Races, Youth Dash and Kickoff Family Run) is on a ballot basis.

隊際報名分為本地隊伍及海外隊伍。本地隊伍只可由本地參賽者組成。而海外隊伍則只可由海外參賽者組成。本地及海外參賽者的定義請參閱列點 7。

Team registration is divided into local teams and overseas teams. Local team MUST consist of local participants ONLY while overseas team MUST consist of overseas participants ONLY. Please refer to Point 7 for definition of local and overseas runners.

首輪抽籤結果將於 2019 年 10 月 10 日(星期四)下午 2 時起以電郵形式通知所有報名跑手,跑手亦可登入「跑手帳戶」查看報名情況。

Results of first-round balloting will be notified to all applicants by emails from 10am on 10 October 2019, Thursday. An applicant may also login to the Runner Dashboardto check his/her entry status thereafter.第二輪抽籤結果將於 2019 年 10 月 22 日(星期二)下午 2 時時起以電郵形式通知在首輪抽籤中在後補名單上的跑手,跑手同時亦可登入「跑手帳戶」查看最新的報名情況。

Results of second-round balloting will be notified to all applicants who are on the waiting list from the first round of balloting by emails from 10am on 22 October 2019, Tuesday. An applicant may also login to the Runner Dashboard to check his/her latest entry status thereafter.

在首輪抽籤結果公佈前,大會不接受任何形式,包括電話、電郵或書面查詢抽籤結果。

No enquiries, whether by phone, e-mail or in writing, of entry status will be entertained before the announcement of the first-round balloting results.

報名者必須確保其填報之電郵地址正確、有效、能接收大會通知及將會繼續使用。參賽者如因未能收到通知而未能完成報名,大會將不承擔任何責任。An applicant must ensure that his/her designated email is correct, valid, can receive notification from the Organiser and will continue to be in use. The Organiser accepts no responsibility for an applicant's failure to receive notification.

大會有權為參賽者安排參賽組別及起跑時間。為此,馬拉松報名者必須於報名時提供其過去三年內,任何一個海外或本地賽事的競賽成績(十公里或以上)以及預計完成時間;半馬拉松及十公里報名者則需要提供 其預計完成時間供大會參考。大會不接受任何參賽組別、賽事或起跑時間轉換之申請。

Assignment of the race category and start time in which a participant shall compete shall be made by the Organiser at its sole discretion. In order to assist the Organiser in making such an assignment, a Marathon applicant is required to provide in the registration form his/her past race record of any overseas or local (10km or above) races in the last 3 years and his/her estimated finishing time; for an applicant of Half Marathon and 10km races, estimated finishing time should be provided. No requests for change of category, race or start time will be entertained by the Organiser.

大會保留權利對未有於指定起跑時間起跑的人士採取紀律行動並取消其參賽資格。

The Organiser reserves the right to take disciplinary action and disqualify any participant who fails to start in his/her designated category, race and start time.

4. 接納報名(傷健人士名額)

Acceptance of Entries (Disability Entry)

渣打香港馬拉松 2020 首次試行的「傷健人士名額」將以抽籤形式進行,並與公眾組別分開抽籤。參加者透過系統報名時可選擇比賽距離(馬拉松、半馬拉松或十公里賽事 - 比賽路線與公眾組別相同)。參賽組別及起跑時間由大會決定。

Disability Entry ("the Entry") is a pilot arrangement on ballot basis. The quotas are separately handled from the Public Ballot Entry. Applicants who register via the Entry can select the race distance (Marathon, Half Marathon or 10km- same route courses as those for Public Ballot Entry). Assignment of race category and start time shall be made by the Organiser at its sole discretion.

參加者於報名時,須提交由香港特區政府簽發的有效殘疾人士登記證,必須包括登記證前、後兩面以供核實。如參賽者未能於報名限期前提交有關証明,將被視為放棄報名及失去其報名資格,恕不另行通知。 Applicants must submit a valid Registration Card for People with Disabilities issued by HKSAR Government at the time of submitting their application. Both sides of the document must be presented for verification.

An applicant failing to do so before the registration deadline will be considered as forfeiting the submission and the application will be withdrawn without further notice.

參加者於比賽中不可使用任何外在輔助設備 (義肢除外), 需要使用輪椅的參加者只可參加輪椅賽。

Participants of this Entry must be able to participate without use of any external auxiliary equipment in the race, expect for prosthetic limb(s), while participants who need to participate with wheelchairs can only register for the Wheelchair races.

「傷健人士名」額的抽籤結果將於 2019 年 10 月 22 日(星期二) 下午 2 時起以電郵公佈。參加者可登入「跑手帳戶」查看報名資料及情況。

The ballot result of the Entry will be announced by email starting from 2pm on 22 October 2019 (Tuesday) Applicants may also login to the Runner Dashboard to check their application information and status.

視障跑手 - 視障跑手成功報名參賽並完成繳付費用後,將收到領跑員報名連結的電郵,讓其領跑員於2019年10月29日(星期二)至2019年11月6日(星期三)期間報名參賽。領跑員將與其視障跑手分配到同一參賽組別。

Visually impaired runners – Visually impaired runner who has successfully got a place from the Entry and completed the payment will receive a payment confirmation email with a link for he / she to register for his / her guide runner between 29 October 2019 (Tuesday) and 6 November 2019 (Wednesday).

The guide runner will be assigned to the same race as his/her visually impaired partner.

一般規則

General Rules

若發現參加者於比賽期間使用任何外在輔助設備 (義肢或輪椅參賽者除外), 大會工作人員有權要求參加者立即離開賽道。

Race officials reserve the right to ask a participant to leave the race course immediately, in case he/she is found using any external auxiliary equipment during the race, expect for prosthetic limb(s) and Wheelchair races participants.

5. 接納報名(輪椅賽、少年跑及渣馬家庭起跑)

Acceptance of Entries (Wheelchair Races, Youth Dash and Kickoff Family Run)

輪椅賽、少年跑及渣馬家庭起跑報名名額為先到先得。大會保留權利於報名名額已滿時提早截止報名,而不 需作任何通知。

Entries for Wheelchair Races, Youth Dash and Kickoff Family Run are on first-come, first-served basis. The Organiser reserves the right to close entries before the deadline without notice once the race quota is full.

輪椅賽參加者於報名時必須上載有效的醫生或政府認可機構簽發的傷殘人士證明書,以證明其身體殘疾情況,如參賽者未能提交有關証明,將被視為放棄報名及失去其報名資格。

An applicant of Wheelchair Races must submit medical certificates issued by a medical practitioner or appointed government agency to prove his/her relevant physical disability at the time of submitting his/her application. An applicant failing to do so before registration closes will be deemed to have withdrawn his/her applications and such applicants will no longer be processed.

6. 接納報名(公益名額)

Acceptance of Entries (Charity Entry)

公益名額(馬拉松、半馬拉松及十公里賽事)以先到先得形式接受報名。 Charity entry (Marathon, Half Marathon and 10km) is on first-come, first-served basis.

公益名額裡的半馬拉松挑戰組參賽者,必須於2018年1月1日至2019年7月31日期間,曾參加過半馬拉松賽事一次或以上,並於2小時30分鐘內完成有關賽事(個人時間;男、女子相同)。參賽者必須在報名程序中如實填報有關成績,否則,大會保留權利重新分配起跑時間予相關參賽者。

Applicants of Half Marathon Challenge (Charity Entry) must have successfully completed at least one Half Marathon race between 1 January 2018 and 31 July August 2019 and finished the race with a Net Time within the time standard of 2:30:00 (for both men and women). The applicants shall enter the information factually during registration. Otherwise, the Organiser reserves the right to assign another Start Time to the applicants.

7. 報名費

Entry Fee

各項賽事的報名費如下:

The entry fees of each race category are listed below:

賽事	本地參賽者	海外參賽者
Race Category	Local Participants	Overseas Participants
十公里 10km	港幣 HK\$ 360 元正	美金 US\$ 60 元正
半馬拉松 Half Marathon	港幣 HK\$ 400 元正	美金 US\$ 65 元正
馬拉松 Marathon	港幣 HK\$ 450 元正	美金 US\$ 70 元正
十公里/三公里輪椅賽 10km/3km Wheelchair	港幣 HK\$ 350 元正	美金 US\$ 60 元正
少年跑 Youth Dash	港幣 HK\$ 200 元正	
渣馬家庭起跑 Kickoff Family Run	港幣 HK\$ 180 元正	I P

(a) 本地參賽者

Local Participant

指持有 a)有效香港身份證及使用該身份證登記之人士。

A holder of valid a) Hong Kong Identity Card and registers using the Hong Kong Identity Card.

(b) 海外參賽者

Overseas Participant

指不符合為本地參賽者之人士。

Any person who does not qualify as a Local Participant.

報名者有責任確保於指定時限內,以指定方式完成付款程序。大會不會另行提示報名者付款、延期付款或更改以其他方式付款。若未能於指定時限內完成付款程序,則當作報名者放棄其報名資格論。除以下情况所提及外,報名費不會發還或退回。大會收到指定的報名費前,報名手續將不獲處理。

It is the sole responsibility of an applicant to ensure that payment of the entry fee is made through the official payment channel designated by the Organiser within the prescribed times. No reminder for payment will be made to any applicant and an applicant who fails to pay the entry fee as aforesaid will be deemed to have withdrawn his/her application and such applications will no longer be processed. No request for extension of time for payment or change of payment method will be entertained. Save as provided below, entry fee, once submitted, is non-reversible and non-refundable. No application shall be considered as completed until the appropriate entry fee shall have been received by the Organiser.

大會只接受醫療原因之退款申請,申請者需於 2020 年 2 月 8 日前以書面形式向馬拉松報名及跑手通訊辦事處提供由醫生(註冊於香港醫務委員會或海外政府法定醫療機構)所發出的醫療証明文件(電郵至 entry_hkmarathon@hkaaa.com)。退款支票將在扣除行政費(港幣 100 元正)後,於賽事完結兩個月後以平郵寄出。

An applicant can only withdraw and request for refund due to medical reasons and such request for refund must be made in writing on or before 8 February 2020 to Marathon Registration and Runners' Communication Office, along with relevant medical documents (via email to entry_hkmarathon@hkaaa.com) issued by a medical practitioner (registered with The Medical Council of Hong Kong or overseas Governmental medical authorities). An administration charge of HK\$100 will be deducted from each refund, and the remaining entry fee will be refunded to the applicant by cheque and via mail two months after the Event.

8. 輪椅賽

Wheelchair Races

8.1 參賽資格

Entry requirement

所有輪椅賽事的參賽者於報名時,必須呈交醫生或政府認可機構簽發的傷殘人士證明書,以證明其身體殘疾 情況。

A participant must submit medical certificate issued by a medical practitioner or appointed government agency to prove his/her relevant physical disability at the time of submitting their application.

8.2 輪椅規格

Wheelchair specification

參賽者必須使用符合大會資格之輪椅參賽。參賽者於比賽日到達指定的集合地點後,工作人員將會量度、檢查 及確認各參賽者的輪椅是否合乎大會標準。若參賽者違例使用不符合資格之輪椅,或使用被確認為合資格後 再改裝之輪椅,大會有權禁止該輪椅賽參賽者進行比賽及取消其資格,有關報名費將不獲退還。

Wheelchair to be used by participants of the Wheelchair races must meet the official requirements and regulations set out by the Organiser. Inspection of participants' wheelchairs shall be made prior to the race on the event day. If a wheelchair fails to comply with the requirements, participant will not be allowed to start the race and his/her entry will be forfeited and his/her entry fee paid will not be refunded.

8.3 輪椅狀況

Wheelchair Condition

輪椅參賽者必須確保其輪椅性能及狀況良好,並適合用以參與及完成競賽。如輪椅參賽者因其輪椅的性能或 狀況有問題或因任何不當或錯誤使用其輪椅,而引致其或他人受傷及身亡,及引致財物損失,輪椅參賽者同 意向大會彌償一切損失。

It is the sole responsibility of wheelchair participants to ensure that his/her wheelchair is in good condition and of such necessary quality to participate in the race. Wheelchair participants agree to indemnify the Organiser and hold the Organiser indemnified and harmless for any injury and death caused to him/her or other persons and to all damage to properties caused by the improper use of his/her wheelchairs or the defective quality or condition of his/her wheelchair.

9. 印刷個人化號碼布

Printing of Personalised Number Bib

大會將使用由參加者在報名時所提供的資料,將其英文名字(English first name)印於其號碼布上(只限英文名字及只適用於有選擇相關選項的參加者)。大會不會為參加者錯誤輸入資料問題而負上責任。

The Organiser will use the English first name provided by a participant during registration for printing his/her first name on his/her bib (Printing will only be provided for those who opted-in the option and will be restricted to English first name only). Organiser will not be responsible for any errors caused by the participants.

10. 重覆報名

Duplicate Entries

每名參加者只能報名一次,報名者有責任去確保閣下沒有重覆報名。如已報名參加任何一項賽事的人仕不得 再報名參加其它任何賽事。如有發現重覆報名,大會將取消其所有報名及參賽資格而不作另行通知,同時亦 不會發還已繳付的報名費及派發跑手包予該名人士。

An applicant can submit one application only for the Event. It is the applicant's own responsibility to ensure that he/she submits only one application. An applicant who has made an application in any one race shall not be allowed to make application in any other races. All duplicate applications or registrations will be rejected or cancelled by the Organiser without prior notice. No entry fee will be refunded and redeeming the runner's pack will not be entertained.

11. 條款及細則及大會比賽規則

Terms & Conditions and Official Rules

參加者一旦完成報名費付款程序, 等同聲明同意遵守及接受在此及其後所有大會引入之條款及細則及大會比 賽規則。

Upon submitting his/her application and payment of the entry fee, an applicant declares that he/she agrees to and accept these Terms & Conditions, the Official Competition Rules and all other rules and regulations which may be adopted by the Organiser from time to time.

12. 參賽者體格

Physical Conditions

參賽者必須理解比賽所涉及的風險及所需之體能負荷。

Participants should be aware of and understand the risks involved in taking part in his/her race, and acknowledge the degree of fitness required to take part therein.

任何懷孕或患有慢性疾病如心臟病及高血壓的人士,皆不宜參賽。大會保留權利對任何以上人士取消或不容許以上人士的參賽資格。而大會在得悉或懷疑的情況下,亦保留權利取消或不容許任何不適宜參賽的人士的參賽資格。

Any person who is pregnant or suffering from any chronic disease such as heart disease or high blood pressure should not participate in the Event. The Organiser reserves the right to disallow / disqualify any person who is known to have any such condition. The Organiser at its sole discretion also has the right to suspend any participant who appears or is suspected to be physically unfit to participate in the Event.

大會強烈建議參賽者在比賽前徵詢醫生建議及檢查,以確保其身體狀況適合進行競賽。一旦參賽者遞交申請及參與競賽:

All participants are urged to seek medical advice of his/her physical condition before participating in the Event. By submitting his / her application to take part in the Event and subsequently taking part in the Event, a participant

- (a) 參賽者向大會保證及確保其身體狀況在不需要醫療輔助或其他輔助下適合參與及完成競賽;及 warrants and confirms to the Organiser that he/she is physically fit to participate in and complete his/her race without any medical or other assistance; and
- (b) 如參賽者因其身體狀況不適宜參與及完成競賽而引致 agrees to indemnify and hold harmless the Organiser from
- i) 其或他人受傷或身亡; 及

any injury or death suffered by the participant himself/herself or any other persons; and

ii) 任何財物損失,參賽者同意向大會彌補一切損失 。 any damage to property as a result of him/her not being physically fit to participate in and complete the race.

13. 領取跑手包

Runner's Pack Collection

參加者必須在大會 2020 年 2 月 5 日至 2020 年 2 月 8 日的「領取跑手包」日期及時段內到指定地點領取其跑手包,否則大會保留權利不向其派發跑手包(包括號碼布)而不作另行通知。大會亦保留權利在領取時段結束後到達指定地點領取其跑手包的參加者不向其派發跑手包(包括號碼布)。

Participants are required to collect his/her Runner's Pack within the official collection period on the 5 February 2020 to 8 February 2020 at the designated Runner's Pack Collection location, the Organiser reserves the right to revoke participants' right to collect the Runner's Pack (including Race Bib) without prior notice. The Organiser also reserves the right to revoke participants' right to collect his/her Runner's Pack Runner's Pack (including Race Bib) after the official close time of the collection period.

14. 更改賽道

Route Alteration

大會保留權利因應道路實際情況或緊急情況下,於賽事前或進行中更改任何賽道,而無須作另行通知。如緊急車輛必須於比賽進行期間使用部份賽道以盡快處理緊急情況,大會可能會因此暫停賽事。在任何緊急情況下,參賽者必須聽從現場工作人員或執法人員的指示。

The Organiser reserves the right to change or alter any parts of the running route before and during the race without prior notice in the event of unexpected road conditions or emergency. A race may be temporarily suspended for emergency or any other incidents during the race. Participants must follow the instructions of race officials or any law enforcement officers on site in the event of emergency or any incident.

15. 工作人員指示

Instructions Given by Race Officials

在任何情況下,參賽者必須聽從大會及賽道上任何工作人員的指示,大會保留權利拒絕接受不聽從大會指示的參賽者參加未來渣打香港馬拉松以及其他由大會主辦的賽事。

Instructions given by the Organiser and race officials must be followed. The Organiser reserves the right to reject future applications of a participant who has refused to follow instructions of the race officials for all future Standard Chartered Hong Kong Marathons and other races organised by the Organiser.

16. 一般規則

General Rules

賽事之參賽資格只屬申請者個人持有,參賽資格嚴禁互換、出售、拍賣、轉讓。持有參賽資格人士把其持有之參 賽資格作出互換、出售、拍賣、轉讓或允許及授權其他人穿戴其獲分配之號碼布均屬違例。一經證實違反此條例 者,其參賽資格將被取消。違例者包括參賽資格持有人及非原參賽資格持有人將被大會作出紀律懲處及拒絕參 與日後由大會舉辦之賽事。

Participation in the Event is personal to the applicant and all applicants are strictly prohibited from swapping, selling, auctioning, transferring or offering to swap, sell, auction or transfer their successful entry or their place in the Event or allow or permit any other person to wear his/her bib number allocated to him/her. Any breach of this rule shall render the entry void and both the guilty applicant, and the substituted participant shall be subject to disciplinary action by the Oragniser including exclusion from participation in future races organised by the Organiser.

17. 比賽成績

Results

大會將提供大會時間及個人時間予每名於指定時限內完成指定賽事並佩戴有效號碼布之參賽者。大會或會提供 分段時間,但有關時間只作個人參考之用。三公里輪椅賽及少年跑參賽者只會獲提供大會時間。家庭跑參賽者 將不獲提供賽事名次及時間。

Official Times and Net Times will be provided to participants who have completed in the designated races within the specified time limit with valid race number bibs. Split Times may be provided and if so, they are for reference only. For 3km Wheelchair Race and Youth Dash participants, only Official Times will be provided. For Family Run participants, finishing times and rankings will not be provided.

18. 取消參賽資格

Disqualification

大會保留權利取消任何觸犯、違反或不遵守任何香港法例及條例、國際田徑聯會或大會競賽規則人士的參賽資格及成績。被取消資格的參賽者之報名費,將不獲退還。

The Organiser reserves the right to disqualify any person and nullify his or her result due to any violation, breach or non-observance of any rules, laws or regulations in Hong Kong Special Administrative Region, International Association of Athletics Federations (IAAF) Competition Rules or the Official Competition Rules set for the Event. The Organiser shall not be obliged to refund any entry fee under such circumstance.

19. 獎項及證書

Awards, Finisher Medal and Certificates

參加馬拉松挑戰組、半馬拉松挑戰組及十公里挑戰組之參賽者方有資格競逐獎項。所有獎項及名次均以大會時間計算。

Only participants of the Marathon Challenge, Half Marathon Challenge and 10km Challenge races will be entitled to compete for awards. Official Times will be used to determine the positions of each race.

大會將頒發完賽獎牌完成證書及進步獎證書予所有在大會時間的賽事及場次合乎資格之參賽者。

Finisher Medal, Certificates of Achievement and Progress Award Certificates will be issued to runners with Official Times in all races and categories.

如參賽者未能完成賽事(包括於比賽期間登上大會巴士)或未有按指定時間或組別起步,其參賽資格將會被取消及不會獲頒發任何獎項、證書或完成獎牌。

Participants failing to start the race in the designated start times, in the assigned race category, or failing to complete the race (including participants boarding the Official Bus), shall not be entitled to any awards, certificates or finisher medals.

20. 比賽取消

Event Cancellation

如比賽因任何非大會所能控制或不可抗力的情況下而被迫取消,所有報名費將不獲退還,大會亦不會負有任何其他責任。Should the Event be cancelled due to weather or other circumstances beyond the control of the Organiser or in the case of a Force Majeure resulting in the Event being cancelled, no refund will be made. The Organiser shall have no other responsibilities and/or liabilities.

不可抗力

Force Majeure

包括但不限於大會由於火災、水災、地震,或其他嚴重天然災害或天災,或由於抗議、暴動、公民抗命、起義、遊行、造反、集會、示威、佔領、騒亂、大型集會、戰爭、叛亂、蓄意破壞、傳染病,或恐怖襲擊或可能發生上述事件或行動而未能履行其責任或安排或舉辦比賽。Includes and is not limited to the Organiser being unable to perform its obligations or organise or hold the Event due to fire, flood, earthquake, or other severe natural disaster or act of God; or due to protest, riot, civil disobedience, uprising, march, revolt, assembly, demonstration, occupation, commotion, mass gathering, war, insurrection, sabotage, epidemic, or terrorist attack or the likelihood of such event or act.

21. 天氣

Weather

若香港天文台在比賽當天(2020年2月9日,星期日)早上3時正或以後發出3號或以上熱帶氣旋信號、紅色或黑色暴雨警告信號,比賽將會取消。參賽者敬請在比賽前一晚留意天氣情況及預報,尤其注意在可預期之時段內可能發出之熱帶氣旋信號、紅色或黑色暴雨警告信號。有關賽事安排,請於比賽當日早上3時正開始留意各大電台或電視台之廣播。

The Organiser may cancel the Event if tropical cyclone warning signal no.3 or above, or if a red or black rainstorm signal is hoisted by the Hong Kong Observatory at 3:00 am or thereafter on the race day (9 February 2020, Sunday). Please pay special attention to the weather forecast the night before the Event as it will indicate whether tropical cyclone warning signals, red or black rainstorm signals are likely to be hoisted in the forthcoming period. Please follow updates on the radio or TV announcements regarding the status of the Event from 3:00 am onwards.

22. 語言

Languages

本條款及細則包括英文及中文版本,若英文與中文之內容有任何歧義,則以英文版本為準。大會擁有修改及詮釋以上規則的權利。

Terms and Conditions are in Chinese and English. In the case of discrepancies between the Chinese and English versions, the English version shall prevail. The Organiser reserves the right to interpret and amend the above rules.

渣打香港馬拉松 2020 賽事聲明

Standard Chartered Hong Kong Marathon 2020 Event Declarations

謹此聲明本人參加渣打香港馬拉松 2020 及一切有關活動("該活動"),本人願意遵守由香港業餘田徑總會有限公司及其代理人(總稱"該大會")所訂的條文及規則,並同意以下所列之各點:

As a condition of my being permitted to compete in the Standard Chartered Hong Kong Marathon 2020 and any ancillary event or function (collectively "Event") and in consideration of the opportunity to win prizes and collect valuables, I confirm to the Hong Kong Amateur Athletic Association Limited and its agents (collectively "Organisers") as follows:

- 1. 本人是自願參加該活動和願意承擔自身的意外風險及責任,並無權及豁免向該大會,其它有關機構及公司對本人在訓練中、往返活動場地途中、活動中發生或其引致之自身意外、死亡或任何形式的損失索償或追討責任。 I understand that by participating in the Event there are risks of injury, death and / or loss. I am entering the Event entirely at my own risk and responsibility. I hereby discharge the Organisers and any other individual, organisation or company connected directly or indirectly with the Event or providing services or advices to me from any responsibility or liability in the event of my injury, death or loss of property sustained or incurred during my training for the Event, during the Event, or as a consequence of or while traveling to or from the Event
- 2. 本人聲明本人身體健康及有能力參加該活動,並經由執業醫生確認本人之體能適合參加該活動。在不違反法律的原則下,本人願意賠償該大會以及它的顧問、代理人、董事、員工、官員、職員及義務工作人員,因本人在訓練中、往返活動場地途中、該活動中所發生或所引致之自身意外、死亡或財物損失的所有索償及追討。 I am and will be physically fit and capable of participating in and completing the Event, and I have been advised by a qualified medical practitioner that I can so participate. I agree to indemnify the Organisers and their advisers, agents, directors, employees, officials, servants and volunteers and hold them indemnified and harmless for all losses, damages and liabilities resulting from my injury, death or loss of property sustained or incurred during my training for the Event, during the Event or as a consequence of or while traveling to or from the Event.
- 3. 本人願意接受藥檢及若在需要情況下,該大會要求及提供的藥物、治療及檢查。 I agree to take doping tests and receive any necessary medical treatment and medication provided by the Organisers if required.
- 4. 本人願意授權予該大會使用本人的(因該活動本人向該大會提供或該大會從本人收集的)個人資料、肖像、姓名、聲音、體能資料("該等資料")以作該大會來年或將來之活動籌辦、推廣或宣傳之用。本人同意 I grant permission to the Organisers to utilise my personal information, appearance, name, voice, bio-data likeness submitted by me or collected by the Organisers in connection with the Event ("such information") for the organisation, promotion or publicity of the current and future Event. I agree that
 - i) 該大會將擁有包含該等資料的刊物(如相片、錄像、印刷品等)("該等刊物")所涉及之一切權利(包括但不限於版權);及 the Organisers shall own all rights (including without limitation, copyrights) in and arising from materials (e.g. photos, video, printed materials etc.) ("such materials") that contain such information; and
 - ii) 如需要,該大會可展示、複製、編訂、刊登或以其他方式使用該等資料或該等刊物 the Organisers may exhibit, copy, edit, publish or use in any other ways such information or such materials where necessary,

該大會無須再取得本人的批准而行,而本人亦放棄任何審核該等刊物的權利。 and no further approval needs to be obtained from me and I also waive any right of inspection associated with such materials.

- 5. 本人明白及同意提供本人的香港身份證或護照給予該大會(如有需要及該大會要下),以作核對個人資料。 I understand and agree to provide my HKID / Passport to verify my personal details to the Organisers upon request.
- 6. 本人接受並會遵守該大會為該活動不時訂立的所有規則。本人明白如該等規則未能遵守,則可能根據該大會決定而被取消資格。本人將會負責賠償大會因本人不遵守大會因時制訂的規則及本人所有故意,魯莽或疏忽的行為而導致的損失及責任。

I accept and will adhere to all rules and regulations that the Organisers impose from time to time for the Event. I understand that failing to adhere to any such rules and regulations will be subject to disqualification as may be determined by the Organisers. I will indemnify the Organisers for all losses, damages and liabilities as a result of my failure to adhere to any rule or regulation in force from time to time or as a result of any act of mine which is either wilful, reckless or negligent and which causes loss, damages or injury to any person or property.

- 7. 本人聲明在報名表格上之資料完整及確實無誤。 I hereby declare that the data and information I provide on the entry form are correct, true and complete.
- 8. 本人確認所遞交的資料正確無誤,並理解大會有權查核遞交資料的真確性的權利。本人明白,若遞交不實或虛假的資料,大會有權按事件嚴重性採取相應紀律行動。
 By submitting my entry for the Standard Chartered Hong Kong Marathon 2020, I acknowledge that the information I submitted is true and valid and the Organiser has the right to verify such information, which if found to be false, the Organiser has the right to enforce disciplinary action where appropriate.
- 9. 本人同意該大會有權收集、儲存及使用本人在報名表格上所填報之個人資料(以【個人資料(私穩)條例】之定義為準)以作該活動相關的用途(包括但不限於籌備、推廣或宣傳該活動)及用作直接促銷該活動及大會贊助商所提供及售賣的產品與服務。本人亦同意該大會可將這類資料發放予與該活動的籌辦、安排、舉行、推廣或宣傳有關的團體,包括但不限於國際田徑聯會、賽事秘書處公司、賽事攝影師、傳媒、報章及雜誌。本人同意該等收集、儲存及使用是合法及實屬公平。本人亦同意本人所有資料,包括本人的個人資料、照片、電子影像及聲音檔案等,都可能被用作宣傳該活動。
 I agree that the Organisers are permitted to collect, store and use my personal data (as defined in the Personal Data (Privacy) Ordinance) as provided by me in the enter force for the reserve for t

I agree that the Organisers are permitted to collect, store and use my personal data (as defined in the Personal Data (Privacy) Ordinance) as provided by me in the entry form for the purpose of or in connection with the Event (including but not limited to organisation, promotion, and publicity of the Event) and for the purpose of direct marketing in relation to the Event or in relation to any services or products provided or sold by any sponsor of the Event and that such collection, storage and use are lawful and fair in the circumstances. I further agree that the Organisers may pass on such personal data to their agents, contracting parties, supporting organisations and other related parties for the purposes mentioned above, in particular but without limitation to IAAF, the Event secretarial company, the Event photographer, the media and the press.

- 10. 該活動所引發的任何爭議(包括本聲明或任何參加規則的解釋和行使),該大會將擁有最終的決定權。 In the event of dispute in respect of or arising from the Event including the interpretation and application of these declarations or any rules and regulations, the decision of the Organisers shall be final, binding and conclusive.
- 11. 若中、英文版的文意有任何歧義,一概以英文版本為準。 In case of discrepancies between the Chinese and English version, the English version shall prevail.

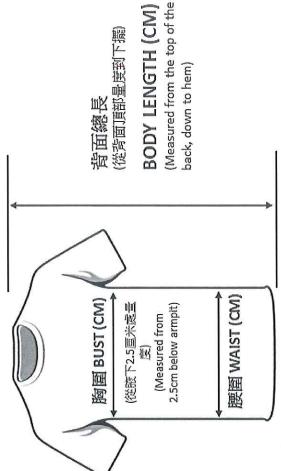
男裝尺碼 MEN'S SIZE CHART

	鮈圍 BUST (CM)	腰圍 WAIST (CM)	背面總長 BODY LENGTH (CM)
細 SMALL(S)	46	44	99
中 мерічм (м)	48.5	46.5	67.5
大 LARGE (L)	51	49	69
加大 EXTRA LARGE (XL)	54	51.5	70
雙加大 DOUBLE EXTRA LARGE (2XL)	57	54.5	71

女裝尺碼 WOMEN'S SIZE CHART

背面總長

	阿曼 BUST (CM)	瞬圍 WAIST (CM)	BODY LENGTH (CM)
纸 SMALL (S)	43.5	43.5	56.5
中 МЕDIUM (M)	45.5	45.5	58
大 LARGE (L)	48	48	59
加大 EXTRA LARGE (XL)	50.5	50.5	09



大會將根據跑手的首選尺碼和庫存情況框行分配。香港業餘田徑總會將保留最終決定權。如需了解更多比賽詳情,請致電2577-0800與香港業餘田徑總會聯絡。

Race tees will be distributed based on runners' preferred sizes and stock availability. Hong Kong Amateur Athletic Association will retain the final decision. For any further race details, please contact the Hong Kong Athletic Association at 2577-0800.

常見問題FAQ

Q: 什麼時候可以選擇比賽T恤的尺碼? When can I choose the size for my race tee?

A: 參與者需要在付款頁面上選擇他們的T恤尺碼。

Participants will need to choose their preferred sizes on the payment page.

Q: 比賽T恤提供什麼尺碼選擇? What size options are there?

A: 男裝Male : 細Small(S) 、中Medium(M) 、大Large(L) 、加大Extra Large(XL) 、 Double Extra Large雙加大(ZXL) 。

女裝Female: 細Small(S)、中Medium(M)、大Large(L)、加大Extra Large(XL)。

Q: 如何量度化賽T恤的尺碼? How should I measure the size?

A: 請使用上表來確定自己的尺碼,量度尺寸可能會出現差異。如果您處於兩種尺碼之間,較小的尺碼穿起來更貼身,較大的尺碼穿起來更質鬆。如果胸圍和腰圍的尺寸對應兩種不同尺碼,請以胸圍的尺寸為準。

Please use the chart above to determine your size. Self-measurements may result in discrepancies. If you're on the borderline between two sizes, please pick the smaller size for a tighter fit, and the larger size for a looser fit. If measurements of bust and waist correspond to two different sizes, please select the size indicated by your measurement.