

Yau Tsim Mong District Council
District Council**District Council**
Addressing the Recent Increase in COVID Cases**Background:**

In recent weeks, Yau Tsim Mong District has seen a concerning rise in COVID-19 cases. As we approach flu season, it is crucial to shift our focus toward prevention and awareness. Our district is home to a significant number of ethnic minorities, and the elderly population within these communities is often the most uninformed about health risks and preventive measures. Many elderly ethnic minorities face language barriers and have limited access to health information, putting them at greater risk. Additionally, many reside in subdivided flats with poor ventilation, further increasing their vulnerability. It is vital to prioritize their health and safety through targeted communication and support.

Suggestions:**1. Health awareness Campaigns:**

- To raise awareness among the elderly population about the importance of good hygiene practices and the benefits of vaccination against COVID-19 and influenza, highlighting the importance of vaccination and hygiene practices.

2. Multilingual Information Distribution:

- Provide Health information leaflets in multiple languages, focusing on the ethnic minority elderly residents, providing them information about flu prevention, vaccination options and general health practices.

3. Flu Vaccination Programs:

- Organize flu vaccination programs to protect citizens and reduce overall illness, focusing on preventing influenza.
- Ensure easy access to COVID-19 vaccines and influenza vaccines for those unvaccinated or due for boosters, taking into account the challenges faced by residents in subdivided flats with financial problems.

4. Support Groups:

- Establish support groups for elderly Ethnic minority residents where they can ask questions and share concerns related to their health and wellness, fostering a sense of community and support.
- Provide medical care and mental health resources for those who test positive to residents in sub-divided flats and old buildings.

By taking these steps and working together, we can help keep our community safe and healthy.

Document Submission:

We look forward to discussing these important issues and invite the representatives from Yau Ma Tei Jockey Club General Out-patient Clinic and Queen Elizabeth Hospital to develop a comprehensive plan to address the current situation. This document is being submitted for consideration at the District Council meeting of the Yau Tsim Mong District Council on September 3rd, 2024.

Submitted By
Gurung Aruna
19 August 2024